

For breast cancer patients. If you want to make one, give the tote to me and I will get it to LACN.

Tender Touch Pillow and Tote Bag

Inspired by the Crazy Quilters of Allentown Pennsylvania
Pattern by Marsha Moore

Thanks,

B. nny

Sew a Tender Touch for a friend in need. This small pillow fits perfectly under the arm helping to add comfort to those women overcoming breast cancer. The pillow can be placed in its matching tote bag which has extra room for carrying other accessories and essentials.

Place on corner

Supplies

5/8 yard cotton print for tote and pillow
5/8 yard coordinating cotton lining fabric and pillow

Or

Five Coordinating Fat Quarters

Or

1/2 yard cotton print for tote
1/2 yard cotton print for lining
1/4 yard for pillow

18" by 40" piece of Traditional batting

About 3 oz. Polyfil fiber

Thread to match fabrics

Cutting

1. To make pattern for tote, draw a 19 1/2" x 15 1/2" rectangle on a piece of paper. Trace the template on the upper left hand corner of the rectangle. Reverse the template and trace to the upper right hand corner of the rectangle. Cut the rectangle, cutting away the template sections to make the shape of the handle. (See diagram) This pattern includes 1/2" seam allowances.
2. Cut two tote pieces from cotton fabric and two from lining.
3. Cut a 6" x 7" pocket from each cotton fabric and lining.
4. Cut an 8" x 12" pillow piece from each cotton fabric and lining or from pillow fabric.

All seam allowances are 1/2" (except for step 10).

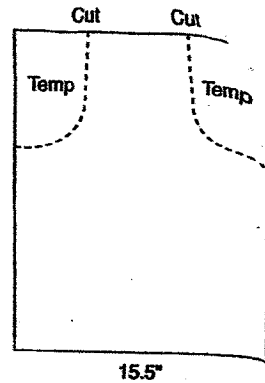
(The pocket for this tote is not attached to the tote until step 9.)

Tote

1. With right sides together, stitch tote pieces together along short straight edge of handle. Stitch lining pieces together in the same manner.
2. Decide how you are going to quilt the tote bag. Some suggestions are diagonal quilting lines about 2" apart in both directions, channel quilting - vertical lines about 2" apart, stipple quilting, or quilting around the motifs on the fabric. Mark any quilting lines at this time.
3. Pin tote and pocket to quilt batting and cut out batting along the edges of the pieces.
4. Baste tote and pocket to quilt batting a scant 1/2" from edges. Trim batting close to basting stitches.
5. Pin tote and pocket to lining pieces with right sides of fabric together.
6. Stitch around tote leaving a six inch opening on the lower edge of one tote section. Trim seam allowance and clip curves and corners. Turn right side out. Lightly press edges flat. Stitch edges of opening closed.
7. Topstitch 1/4" from curved edges. Quilt the tote according to your plan.
8. Stitch around pocket leaving a 3" opening on one long edge. Trim seam allowance and clip corners. Turn right side out. Lightly press edges flat. Topstitch along top edge of pocket. Quilt the pocket according to your plan.
9. Pin pocket to tote bag front, centered about 2 3/4" from the lower edge. Or if you desire, sew the pocket to the lining side of tote in the same manner. (The pocket can be on either the outside or the inside.)
10. With lining side out, pin the sides and lower edges together. Stitch these edges together 1/4" from the edge. Turn tote right side out.

Pillow

1. Pin the two pieces together with right sides in. Stitch 1/2" from the edges leaving a 4" opening on one long edge.
2. Turn right side out and stuff the pillow with poly-fil.
3. Stitch the edges of the opening closed.



Cutting line

This pattern is easy - just take it step by step.

If you don't have any poly-fil, give me your pillow and I will stuff it.

