

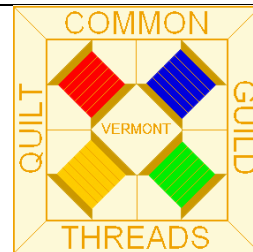
Volume 2

ON POINT

The official newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 5

JANUARY 2023

The President's Block

Hi fellow quilters,

Greetings from the first big snow of the year. I always like the snow in Winter. It gets a little old by March, but then we can look forward to meeting once again. The freezer is full of cookies and bread, and the gifts are mostly bought. Santa has to fill a stocking and buy gift visas.

After going to Montgomery to see Carolyn B's quilts, I rummaged through my blocks and found the blocks I made when she did the block of the month. Right now said blocks are on my quilt wall waiting for me to do something creative with a couple, before I sew them into a quilt top. Then there are the blocks I acquired last meeting; I'm waiting for the 12th block from Anne Harmon which Hilda is holding for me. Those are my two projects to think about and finish, by the March meeting.

Hope you are all having a wonderful Holiday season and have a Happy New Year.

Keep on quilting,

Carol Moulton, 2022 – 2023 President



President

Carol Moulton 802-888-3560

Vice President

Denise Mayo 802-585-5876

Secretary

Grace Sweet 802-244-7123
Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Andrea Blaisdell 802-635-8389

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt
Guild meets the 1st Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



2022 - 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 1st Back to Basics:
Understanding Fabric
Construction & Properties

October 6th Back to Basics:
All About Quilting Fabric

November 3rd Back to Basics:
Needles & Threads & More...Oh My!

December 1st Potluck & Exchange
Back to Basics: Fabric Prep & Demos

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January 28th Back to Basics:
Learning & Sewing Session, 9am-3pm
Johnson Municipal Bldg (Upstairs)

February Learning & Sewing Sessions
Date, Time & Location TBA

March 2nd Back to Basics:
Color Theory

April 6th Back to Basics: Modern
Quilting with Weeks Ringle & Bill Kerr

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 4th Back to Basics:
Paper Piecing

June 1st Back to Basics:
All About Appliqué

July 6th Back to Basics:
Getting Your Blocks In Order

August 3rd Summer Potluck
Back to Basics Sew & Tell

Treasurer's Report

Beginning Balance 11/16/2022		\$5,716.87
Income		
Annual Dues (11/18/2022)	\$20.00	
Annual Dues (12/3/2022)	\$20.00	
Food Shelf Donations (12/3/2022)	\$253.50	
<i>Total Income</i>	\$293.50	
	<i>Subtotal</i>	\$6010.37
Expenses		
Andrea Blaisdell, Check #599, Program Supplies (Binders)	\$172.05	
Lamoille Community Food Share, Check #600	\$253.50	
<i>Total Expenses</i>	\$425.55	
Ending Balance 12/16/2022		\$5,584.82

Respectfully submitted,
Cheryl Leach, Treasurer



JANUARY LEARNING & SEWING SESSION "BACK TO BASICS": BEGINNER QUILTING CLASS

We will be making a small project upstairs at the Johnson Municipal Building on January 28th, 9 am – 3 pm. Bring the following things **IF** you have them: sewing machine; scissors; rotary cutter and mat; pins; needles; seam ripper; extension cord; thread; notepad and pen; and some fabric. Also bring a lunch and something to drink.

For those that have them, bring your binder with the handouts from the meetings. The class will start off where we left off. There will be copies available for those that are not members.

Please let Andrea Blaisdell know by email (asblaisdellvt@gmail.com) if you would like to attend or have friends who would like to attend. It is not required to bring anything if you do not have the items listed; you can just come and learn. There will be things to use for the day and some fabric as well.

Deadline for sign up is January 25th. There will be a small donation of \$5 for each person to cover the use of the room. Email Andrea Blaisdell, asblaisdellvt@gmail.com, with any questions. If we do not get through everything that day, there will be another class in February to finish up or for anyone not able to make this class.

We encourage the guild's more experienced quilters to join us to help guide and mentor those attendees without as many quilting hours under their belts.



Secretary's Report

Secretary's Report (December 1, 2022)

Meeting called to order: At 6:00 pm, starting with a potluck dinner; Carol Moulton, President, presiding.

Present: 30 members, no guests.

Birthdays: Lisa Vilord. Birthday greetings also to January (Anna Jones, Jan Kuhn, Carol Moulton) and February (Joyce Emerson, Lois Lemaire, JoAnn Tallman) birthdays while we are not holding meetings during those Winter months.

Drawings: Michelle Paige won a prize just for coming and Donna Hamel won for the Food Shelf donation

Secretary's Report: Sharon Perry moved to accept November 3rd report; Grace Sweet seconded. Motion passed.

Treasurers Report: Sharon Perry moved to accept; Sharon Witbeck seconded. Motion passed.

Sunshine Cards: No sunshine cards were sent.

Sunshine Quilts: Andrea available to accept finished quilts.

Block of the Month: Carol Moulton won the completed blocks. January block will be "Art Square" in blues. February block will be "Churn Dash" in reds/pinks. The drawings for the January and February blocks will be held at the March meeting.

New Business: Carol shared thoughts around asking Roger from the Mattress Furniture Store about hosting a quilt show in the store. Andrea shared the Morrisville Historical Society has offered in the past to host a show. Discussion followed on the following topics: admission or other income means; vendors; how the quilts would be displayed and protected; and what time of year. No motion made.

Potholder Exchange: 16 members participated in the exchange.

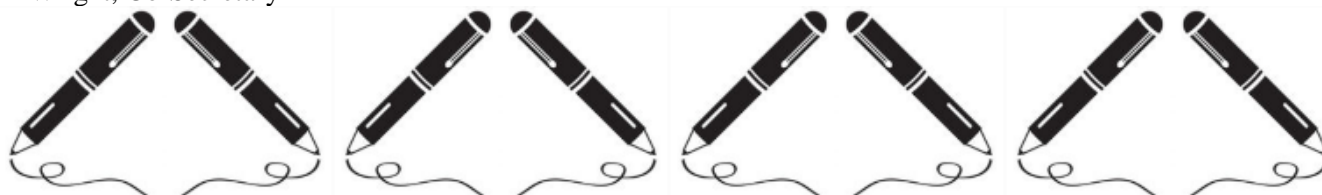
Sew & Tell: Members participating in the potholder exchange showed the potholders they received. Eight members shared their work.

Program: This month's program was "Fabric Prep." Three-3 ring binders distributed for storing monthly handouts. Andrea then led a discussion on fabric prep with supporting demos starting at 7:20 pm.

Meeting Adjourned: 8:00 pm approximately.

Respectfully Submitted

Robin Wright, Co-Secretary



THANK YOU

A heartfelt thanks to the member of the Common Threads Quilt Guild for the beautiful quilt given to Sterling View Cooperative Community for their December 3rd Christmas Craft Show raffle. Over \$1,000 was raised and will be distributed to LACN, Out and About, Meals on Wheels and Lamoille Home Health and Hospice. The winner was the grandson of a Sterling View resident. If the family does not keep the quilt, they will give it to a family in need that they are helping – and our mission continues!! Jan



Block of the Month

JANUARY 2023



Colors:
Blues/grays,
think frosty
and cold



PATTERN: ART SQUARE

Pattern from www.patchworksquare.com

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Art Square 12" finished block pattern*

<https://www.patchworksquare.com/mf/art-square-quilt-block.pdf>

*Please note the pattern has instructions for 3 sizes; please make the 12" finished quilt block.



January is



National Soup Month



2023

DUES FOR MEMBERSHIP ARE OVERDUE!

September marked the start of a new membership year for the guild. The CTQG membership form can be found [here](#).

If you haven't renewed your membership yet, please send your completed membership form, along with a \$20 check (payable to CTQG), to Jan Kuhn, 109 Oakwood Drive, Hyde Park, VT 05655. Members who have not paid their membership dues will be removed from the membership list and will no longer receive On Point, the guild's official newsletter, starting with the November edition.

Renew Your Membership



SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



QUILT TIPS

- An ideal place to find applique patterns is in coloring books.
- When appliqueing small, narrow strips (such as stems), put washable stick school glue down the center of the underside of the strip. This keeps the small, thin pieces from wandering while stitching them in place.
- Pre-wash fabric before beginning to stitch your applique pattern. The fusible web product will adhere to the fabric much better.
- Always bring the bobbin thread to the top of the quilt before beginning to sew so you can avoid any tangling on the back.
- Store your various sized cutting mats by hanging them from skirt hangers in the closet of your sewing room. This keeps them flat and out of the way until needed.
- Spread out your cutting mat on the dryer. It's flat, provides a back edge to stabilize your ruler, and it's a great height for cutting.
- Use a small piece of masking tape to mark your place when you stop hand quilting. That way, you can pick up your needle and begin again without wasting time looking for where you left off last.
- Cut a small piece of jar opener rubber and keep next to you when you hand quilt so you can grab ahold of the needle to help pull it through fabric.
- Label, label, label! Imagine inheriting a quilt or an un-quilted top and not being sure which grandmother or aunt made them. No matter how small the project; label it!

- The information you include on your label will be treasured for generations to come. Always include: name of the maker and the quilter (if different); date; and where the quilt was made.
- When machine appliqueing use an open-toe foot or open-toe applique foot. You will be able to see more easily what you are appliqueing.
- Disposable latex gloves, like doctors and nurses use, make fabulous machine quilting gloves. Just be sure you're not allergic to latex!
- If you do a lot of straight line quilting, collect different widths of masking tape or painters tape.
- Using the same brand of rulers regardless of the size will make your measurements when cutting quilt pieces more consistent.
- Be sure that you use a small stitch length (18-20 stitches per inch) when using paper foundation. This makes sure the stitches do not rip out when the paper is removed.



Anna Jones	January	18 th
Jan Kuhn	January	21 st
Carol Moulton	January	23 rd

...and many more!!!



That is **23 Finishes in 2023!**

Join in the fun and make 23 quilted projects by the end of 2023 and your name will be entered into a special drawing held in December 2023. If you'd like to participate, fill in your name and 23 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 23 projects or you can remove a project, or swap out projects, etc...you just have to have **23 Finishes in 2023** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **23 Finishes in 2023!** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

23 Finishes in 2023

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	



Recipe Corner

SLOW COOKER CHICKEN CHILI

1 onion, chopped
 1 16-oz can black beans, undrained
 1 16-oz can kidney beans, undrained
 1 8-oz can tomato sauce
 10 oz. package frozen corn kernels
 2 (14.5-oz each) cans diced tomatoes with chilies (check the spice level- I used mild)
 Taco seasoning (recipe below)
 Salt and pepper to taste
 4-5 boneless skinless chicken breasts (I use less as 4-5 breasts makes each bowl very “meat-y”)

Combine onions, beans, tomato sauce, corn, diced tomatoes with chilies, taco seasoning, salt and pepper. Place chicken on top and spoon a thin layer of chili to cover.

Cook on high for 5 hours. About an hour before serving, remove chicken and shred in a separate bowl. Place shredded chicken into the slow cooker and stir in to combine with chili.

Cover and place slow cooker on “low” setting for an hour to allow chicken to soak in the chili flavor.

Taco Seasoning

1 tablespoon chili powder	¼ tsp dried oregano
¼ tsp garlic powder	½ tsp paprika
¼ tsp onion powder	1½ tsp ground cumin
¼ tsp crushed red pepper flakes	1 tsp sea salt
	1 tsp black pepper

In a small bowl, mix together chili powder, garlic powder, onion powder, red pepper flakes, oregano, paprika, cumin, salt and pepper. Store in an airtight container if prepared ahead of making chili.

RECIPE NOTE: You could easily make this a vegetarian dish by doubling the beans and omitting the chicken. Serving size is 1½ cups.

CREAMY HAM AND CORN CHOWDER

4 cups cubed peeled potatoes
 2 Tbsp. chopped onion
 ½ cup butter
 ¾ cup flour
 ¼ tsp. pepper
 Pinch ground nutmeg
 4 cups chicken broth
 4 cups half-and-half cream
 2 cups (8 oz.) each shredded cheddar cheese
 3 cups cubed fully cooked ham
 1 pkg. (16 oz.) frozen corn, thawed

Place potatoes in a large saucepan and cover with water. Bring to boil. Reduce heat; cover and cook for 10 to 15 minutes or until tender.

Meanwhile, in a large saucepan, cook onion in butter over medium heat for 2 minutes. Stir in the flour, pepper, and nutmeg; gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cream and cheese; transfer to a 5-quart slow cooker.

Drain potatoes and add to slow cooker. Stir in ham. Cover and cook on low for 3 hours.

Stir in corn and cook 30 minutes longer or until heated through and vegetables are tender. Yield: 12 servings. Recipe can be halved or quartered to accommodate your slow cooker size.

MINISTRONE WITH ITALIAN SAUSAGE

1 pound bulk Italian sausage
 1 large onion, chopped
 2 large carrots, chopped
 2 celery ribs, chopped
 1 medium leek (white portion only), chopped
 1 medium zucchini, cut into 1/2-inch pieces
 ¼ pound fresh green beans, trimmed and cut into ½-inch pieces
 3 garlic cloves, minced
 6 cups beef broth
 2 cans (14½ ounces each) diced tomatoes with basil, oregano and garlic
 3 cups shredded cabbage
 1 teaspoon dried basil
 1 teaspoon dried oregano
 ¼ teaspoon pepper
 ½ cup uncooked small pasta shells
 1 can (15 ounces) garbanzo beans or chickpeas, rinsed and drained
 3 tablespoons minced fresh parsley
 ½ cup grated Parmesan cheese

In a Dutch oven, cook sausage and onion over medium heat until meat is no longer pink; drain. Stir in the carrots, celery and leek; cook for 3 minutes. Add the zucchini, green beans and garlic; cook 1 minute longer. Stir in the broth, tomatoes, cabbage, basil, oregano and pepper. Bring to a boil. Reduce heat; cover and simmer for 45 minutes.

Return to a boil. Stir in the garbanzo beans, pasta and parsley. Cook for 6-9 minutes or until pasta is tender. Serve with cheese. Yield: 11 servings (about 3 quarts).

STOPPING BY WOODS ON A SNOWY EVENING

Robert Frost

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

FEATURED VIDEO TUTORIAL FOR JANUARY:

<https://www.youtube.com/watch?v=UhTooAVmjZE>

"Nightfall" Quilt

Missouri Star Quilt Company

FEATURED PATTERNS

Happy Winter Snowmen Quilt: <https://www.tildasworld.com/wp-content/uploads/2018/10/SnowmenQuilt.pdf>

Happy Winter Snowmen Pillow: <https://www.tildasworld.com/wp-content/uploads/2018/10/SnowmenPillow.pdf>

Crystalline: <https://liveartgalleryfabrics.com/wp-content/uploads/2020/11/crystalline-quilt-instructions-new.pdf>

Tweety's Snowflake: <https://drive.google.com/file/d/1fmoKwVNCdMuR1nwqx11XYt5HwIINUZeph/view>

Penguin Love Pillow: <https://drive.google.com/file/d/1oJToazaLyiReyqE5dcYji5aOusSM4CR/view>

Snowflake Placemats: <https://www.husqvarnaviking.com/SiteMedia/Campaigns/Epic/banners/HV-Snowflake-Placemats.pdf>

Silver Morning Flight: <https://www.robertkaufman.com/assets/pdf/SilverMorningFlight.pdf>

Window Panes: https://windhamfabrics.com/images/project/Window_Pane_RS.pdf

Still of the Night: https://hoffmancaliforniafabrics.net/patterns/files/Still-Of-The-Night-pattern_WEB.pdf

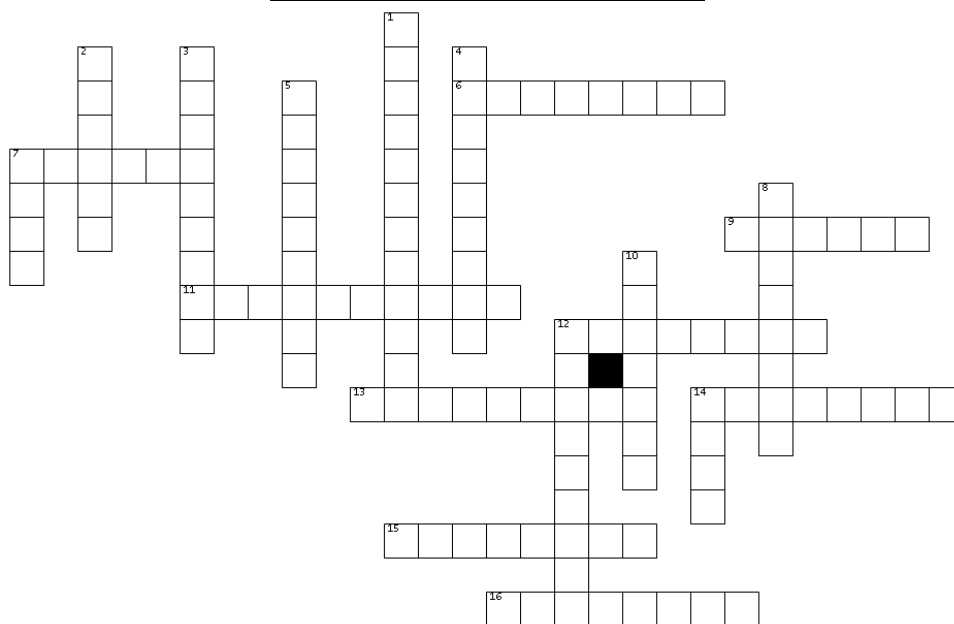
Star Tracks: https://drive.google.com/file/d/1rXOSc-pej_epjzfeVTNAIamOrvMUVgQJ/view

Snowfield: <https://liveartgalleryfabrics.com/wp-content/uploads/2020/11/Snowfield-Quilt-Instructions-new.pdf>

Winter Lights: <https://drive.google.com/file/d/1f6-Locnjitywh9CwKh6LcgvOge7RjbAL/view>

Into the Woods Bedrunner: <https://hoffmancaliforniafabrics.net/patterns/files/Into-The-Woods-runner.pdf>



JANUARY CROSSWORD PUZZLE**ACROSS**

6. One of the two zodiac signs in January
7. The coldest season of the year from December to February in the northern hemisphere
9. A public procession celebrating a special day or event and including marching bands and floats
11. A promise to do something differently in the new year
12. One of two January birth flowers
13. A heavy fall of snow, especially with a high wind
14. Winter activity of riding on a sleigh
15. Christian festival celebrated on the 6th of January
16. Very cold

DOWN

1. The formal admission of someone to office
2. One of the birthstones for January
3. One of the two zodiac signs in January
4. The most popular birth flower for January
5. Frost or frosty weather personified
7. The January full moon is called this moon
8. A severe headache or other after effects caused by drinking too much bubbly
10. Frosty
12. A single, feathery crystal of winter precipitation
14. A usually hot, liquid food made from vegetables, meat, or fish

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Sunday, January 15th, 2023

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



January is National Blood Donor Month



*"It is deep January. The sky is hard. The stalks are firmly rooted in ice."
~ Wallace Stevens*