

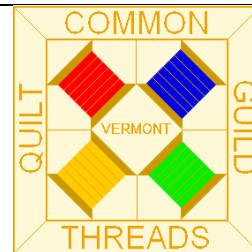
Volume 2

ON POINT

The official newsletter
of the Common Threads Quilt Guild of Lamoille County
in Hyde Park, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 9

The President's Block

Hello fellow quilters,

This weather is awesome but not conducive to staying inside so I'm not doing much quilting. Next week is supposed to be cooler and maybe I can get something done. During Shop Hop I bought all the material for a special wall hanging. More about that later. I looked up the winners and didn't recognize the names of any of the winners. That means that no one in our guild won. Bummers!

I found the program last meeting interesting. Thank you, Sharon and Andrea. All of you should be thinking about where you can serve next year. In order to have a working guild, we all have to do our part. I will be looking for a nominating committee next month.

I know this is short, but the sun is calling.

Keep on quilting,

Carol Moulton
2022 – 2023 President



President

Carol Moulton 802-888-3560

Vice President

Denise Mayo 802-585-5876

Secretary

Grace Sweet 802-244-7123

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Andrea Blaisdell 802-635-8389

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership & Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt
Guild meets the 1st Thursday,
March through December,
at 6:30 p.m. at the
Sterling View
Community Center
in Hyde Park

Dues = \$20 annually



MAY 2023

2022 - 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 1st Back to Basics:
Understanding Fabric
Construction & Properties

October 6th Back to Basics:
All About Quilting Fabric

November 3rd Back to Basics:
Needles & Threads & More...Oh My!

December 1st Potluck & Exchange
Back to Basics: Fabric Prep & Demos

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

January 28th Back to Basics:
Learning & Sewing Session **CANCELLED**

February 25th Back to Basics:
Learning & Sewing Session, 9am-3pm

March 2nd Back to Basics:
Color Theory

April 6th Back to Basics:
Modern Quilting with
Weeks Ringle & Bill Kerr

2022 – 2023 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

**May 4th Back to Basics:
Paper Piecing**

June 1st Back to Basics:
All About Appliqué

July 6th Back to Basics:
Getting Your Blocks In Order

August 3rd Summer Potluck
Back to Basics Sew & Tell

Treasurer's Report

Beginning Balance 3/16/2023 **\$5,684.82**

Income

New Membership (3/7/2023) (Oops...left off last month)	\$20.00
New Membership (4/7/2023)	<u>\$20.00</u>
<i>Total Income</i>	\$40.00

Subtotal **\$5,724.82**

Expenses

Check #601 Acadia Ins Co for annual insurance premium	\$552.00
Check #602 Sharon Perry for printing (Nov, Dec, & Mar)	<u>\$12.00</u>
<i>Total Expenses</i>	\$564.00

Ending Balance 4/16/2023 **\$5,160.82**

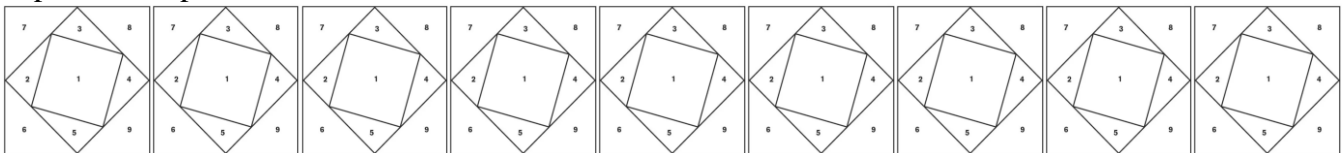
Respectfully submitted,
Cheryl Leach, Treasurer



MAY "BACK TO BASICS": PAPER PIECING

The May meeting will feature a discussion about paper piecing. Each member will receive a paper piecing pattern as part of the presentation. The technique of paper piecing involves taking small scraps of fabric and machine stitching them to a paper template to create clever patchwork effects. It is a very accurate method of patchwork, which is especially useful for piecing unusual or awkward shapes and achieving crisp, clean lines.

A paper piecing template is used to build a quilt block, piece by piece, by sewing through the back of the paper template, following the order shown on the template. This means that the finished block will be a mirror image of the printed template.



Secretary's Report

Secretary's Report April 6, 2023

Meeting called to order: At 6:30 pm; Carol Moulton, President, presiding.

Present: 31 members; 1 guest, Sheila Jourdan attended with Melody Chase.

Birthdays: April birthdays – Tracy Morin and Sharon Witbeck

Drawings: Sheila Cross won for “Just for Coming” and Elena Tague won for the food shelf donation.

Secretary's Report: Sharon Perry moved to accept; Donna Hamel seconded. Motion passed.

Treasurers Report: Sharon Perry moved to accept, Elaine Foster seconded. Motion passed.

Sunshine Cards: None sent out in the last month.

Sunshine Quilts: Andrea Blaisdell will collect any quilt donations. Work session on the 15th at Sterling View, 9:00 am to 3:00 pm. Bring your own lunch.

Block of the Month: Sally Cabell won the April blocks. New block is a Churn Dash variation from Patchwork Square called Golden Gate. Lisa Vilord apologized as she forgot to make copies. Sharon Perry will put a link to the block's instructions in the May newsletter.

Old Business: The quilt that was chosen for the Lake Elmore donation needs to be changed. Marion found some nice blocks from the fabric donated from Janet which will make a nice nature scene so they will be used instead.

New Business: None.

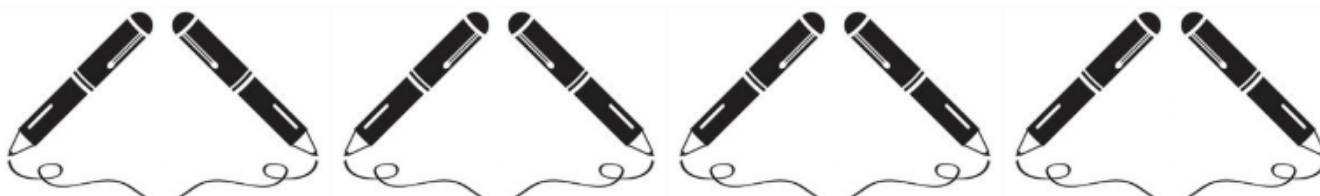
Sew & Tell: Seventeen members shared their work.

Program: This month's program is “What Makes It Modern?” Q&A with Weeks Ringle and Bill Kerr via Zoom.

Meeting Adjourned: At approximately 8:20 pm.

Respectfully Submitted

Robin Wright, Co-Secretary



QUILT TIPS

- Use old thread spools to keep ribbon and other fancy embellishments wrapped around so it's easier to work with.
- When you have to match seams, use a dab of fabric glue (tube or stick) within the seam allowance instead of pins. From the right side, you'll be able to clearly see whether the seams match with no pins in the way. The bond is not instant so you'll have time to separate the pieces and try again if necessary. Then stitch away.
- When you are making half square triangles (HST) sew a SCANT $\frac{1}{4}$ inch from the center diagonal line so the fabric will have a bit more room to flip over when you press it. Most times you can cut your initial squares one inch larger (rather than the standard $\frac{7}{8}$ inch) and then trim them down to the finished size + $\frac{1}{2}$ inch for the seams allowances.
- Use a pipe cleaner to defuzz your machine. They can be found at craft stores. Unlike some brushes, they do not leave bristles.
- When washing your material to test for coloring fastness, put in a plain piece of muslin. Even if the water turns color it doesn't mean that the dye will run. But, if the muslin picks up the color then you will know the color will attach itself to other fabric.

Block of the Month

MAY 2023



Colors: Make it Spring-y



PATTERN: GOLDEN GATE

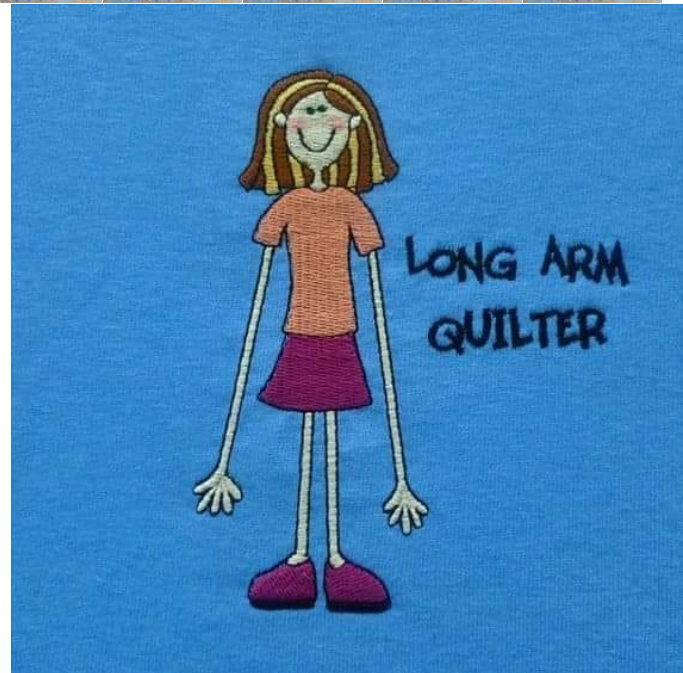
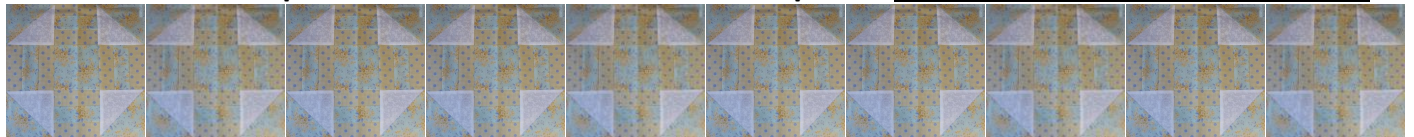
Pattern from www.patchworksquare.com

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the Golden Gate 12" finished block pattern*

<https://www.patchworksquare.com/mf/golden-gate-quilt-block.pdf>

*Please note the pattern has instructions for 3 sizes; please make the 12" finished quilt block.



"I will not buy any more fabric until I use up the stash I have at home," I said. And then I laughed and laughed.



SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



TIPS FOR PAPER PIECING

- Make paper copies of the foundation. Newsprint or photocopy paper work just fine.
- Make all photocopies at the same time, if possible. Photocopiers can distort the image to some degree, and that's okay, but to minimize this distortion, always photocopy from the same original.
- Small stitches are important. Set your stitch length to 2.0mm and use a 90/14 needle. The combination of larger needle and small stitch length will make removing the papers easier.
- Fabric should be cut at least 1" larger than the area you are trying to cover. It does not have to be cut to the right shape, just larger than you need. You'll see our suggested patch sizes listed right on the foundation pattern.
- Lay paper pattern right side up on your surface to audition fabric over the sections and hold your paper pattern up to the light to make sure fabric is in the correct spot and will cover the area.
- Yes, it's upside down and backwards. You will place your first piece of fabric right side up on the wrong side of your foundation pattern. It seems backwards, but this is how you can see where to line up your fabrics. Use a pin or temporary glue stick to hold this first piece in place.
- There is a lot of pressing and trimming when you paper piece. Set up a cutting mat and ironing surface next to your sewing machine so you don't have to get up and down from your machine as much.
- Cut, sew and make a test foundation to be sure your

fabric patches are the correct size and it all comes together properly. You'll save yourself a major headache!

- Sew a few stitches past the end of the line. This will ensure that everything will be secure in the seam allowances and you'll have nice points.
- Handle with care. When removing the paper, work from the outside in. Gently pull the paper off along the perforation so you don't pull on your stitches or the fabric. Some quilters remove the papers before they sew sections or blocks together, others do so after the entire quilt is completely assembled. Either is acceptable and entirely up to you.
- Cut the fabric one piece at a time. If you cut too much fabric it will be confusing and may cause you to waste fabric.
- If your pattern includes a swatch sheet or fabric key, take the time to cut a small scrap of fabric and fill in the key. This will save you a headache later and is well worth the time.
- Be sure to trim the extra fabric between each step. Fold the pattern back and use a ruler to cut the 1/4" seam allowance.



Haley Woodside-Jiron	May	1 st
Cheryl Leach	May	10 th
Linda Locke	May	19 th

...and many more!!!



That is **23 Finishes in 2023!**

Join in the fun and make 23 quilted projects by the end of 2023 and your name will be entered into a special drawing held in December 2023. If you'd like to participate, fill in your name and 23 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 23 projects or you can remove a project, or swap out projects, etc...you just have to have **23 Finishes in 2023** AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have **23 Finishes in 2023!** You will maintain your own list, but you must let Sharon Perry know you are participating.

* * * * * Cut along dotted line * * * * *

23 Finishes in 2023

NAME: _____

1.	13.
2.	14.
3.	15.
4.	16.
5.	17.
6.	18.
7.	19.
8.	20.
9.	21.
10.	22.
11.	23.
12.	



Recipe Corner

THE PERFECT GREEK SALAD

3 cups romaine lettuce, chopped
 1 cup grape tomatoes (or cherry tomatoes)
 1 cup red onion, chopped (roughly 1 small red onion)
 1½ cups cucumber, sliced and chopped into quarters (roughly 1 medium cucumber)
 1 medium green pepper, chopped
 ¼ cup whole Kalamata olives
 ¼ cup feta cheese, crumbled
Greek Salad Dressing
 2 tablespoons extra virgin olive oil
 1 + ½ tablespoons freshly squeezed lemon juice
 ½ teaspoon dried oregano
 ¼ teaspoon sea salt
 ¼ teaspoon ground black pepper (or more to taste)

In a large bowl, combine the romaine lettuce, cherry tomatoes, red onion, cucumber, olives and feta cheese.

In a small bowl, make the lemon Greek salad dressing by whisking together the olive oil, lemon juice, oregano, salt and pepper.

Pour dressing over the salad and toss to combine. Add more black pepper to taste.

SPINACH AND STRAWBERRY SALAD

Pecans:

2 tablespoons butter
 1½ cups pecan halves
 ½ cup sugar

Melt butter and sugar in heavy skillet, stir in pecans and cook until coated and browned slightly (burns easily). Cool on waxed paper or foil.

Dressing:

¾ cups white vinegar
 ½ cup sugar
 2 teaspoons salt
 2 teaspoons mustard (Dijon recommended)
 3 - 4 scallions chopped
 2 cups vegetable oil
 2 teaspoons poppy seeds

Salad:

1 pound fresh spinach, washed and thick stems removed, then torn
 2 cups sliced celery
 1 pint fresh strawberries, hulled and sliced

Assemble salad ingredients.

Dress and add pecans at last minute.

Dressing recipe makes too much for salad, so add to taste.

PASTA SALAD

1 pkg. (16-oz) rotini pasta, tri-color
 1 cucumber, diced
 1 tomato, diced
 2 carrots, sliced
 1 small stick pepperoni, sliced
 6 slices ham, cubed
 6 slices Swiss cheese, cubed
 Olives (black or green), sliced
 Radishes, sliced (optional)
 1 sm. Bottle Zesty Italian dressing
 1 tablespoon oregano
 1 tablespoon Italian seasoning
 1 tablespoon cheese salad seasoning
 Dash of pepper

Cook and drain pasta according to package directions; set aside and let cool.

Add oregano, Italian seasoning and cheese salad seasoning to bottle of Italian dressing; shake well.

Toss pasta, vegetables, meats, and cheeses together. Pour dressing (with added spices) over pasta mixture. Toss thoroughly. Add pepper to taste. Marinate in refrigerator for at least 3 hours, overnight recommended. Toss before serving.

MAPLE BALSAMIC VINAIGRETTE

1 teaspoon dry mustard
 ½ teaspoon dried basil
 3 tablespoons balsamic vinegar
 2 tablespoons maple syrup
 1 tablespoon lemon juice
 1 clove garlic, minced
 1 cup extra virgin olive oil
 1 teaspoon salt
 ½ teaspoon freshly ground black pepper

In a small bowl, combine mustard, basil, garlic, salt, and pepper. Add vinegar, maple syrup and lemon juice. Whisk together. Add olive oil and whisk until emulsified.



MAY HAS DECKED THE WORLD

By Annette Wynne

May has decked the world, that we
 May bring the brave on land or sea
 Earth's glory on Memorial Day,
 The lovely meadow gifts of May.

Brave dead, who saved our country, we
 Come with flowers; O living brave, on land or sea,
 We wave the bright Red, White and Blue
 And bring May meadow gifts to you!

FEATURED VIDEO TUTORIAL FOR MAY:
<https://www.youtube.com/watch?v=4xtOqWHAgp8>

"Time Flies" Quilt
 Missouri Star Quilt Company

FEATURED PATTERNS

Pretty Baskets: <https://www.rileyblakedesigns.com/assets/images/freepatterns/quiltpatterns/ToNorwayWithLoveFreePattern.pdf>

Spring Quartet:

<https://www.rileyblakedesigns.com/assets/images/freepatterns/quiltpatterns/SashingStashSpringQuartetFreePattern.pdf>

Baskets of Fun: https://windhamfabrics.com/images/project/Baskets%20of%20Fun_RS.pdf

Berry Nice: https://cdn.shopify.com/s/files/1/2197/5951/files/P_BBerryNice_1Final.pdf?6532271241030361219

Flower Basket: <https://windhamfabrics.com/images/project/Flower%20Basket%20Tested.pdf>

May Candle Mat: <https://www.connectingthreads.com/free-download/991523>

Baby Basket: https://drive.google.com/file/d/15a1pyvnnC_PDNAo8PnC-pRG5WQRK6o3d/view

Scrap Baskets*:** <http://www.caroldoak.com/pdfs/comp Scrap.pdf>

Savannah Garden Table Runner: https://drive.google.com/file/d/1GXa_KtTM-BFyJETzjgo2m79YyEt5_k46/view

Celebration Wreath*:** <https://www.caroldoak.com/userfiles/file/CelebrationWreath.pdf>

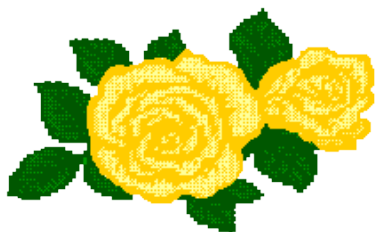
Pat's Lily Basket*:** <https://www.caroldoak.com/userfiles/file/LilyBasketlegal.pdf>

Scrappy Carrots*:** <https://drive.google.com/file/d/1aVnK-WD7TV0cc-T2xKp9ILRYH9FxlNPc/view>

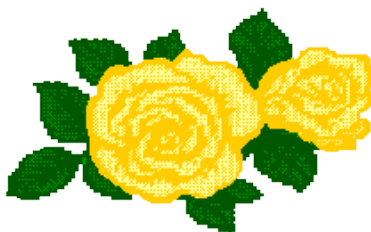
Sugar Baby Hummingbird*:** <http://www.commandndesign.com/files/SugarBabyV1.pdf>

Butterfly Charm Blocks*:** <http://www.commandndesign.com/files/ButterflyCharmBlocksV2.pdf>

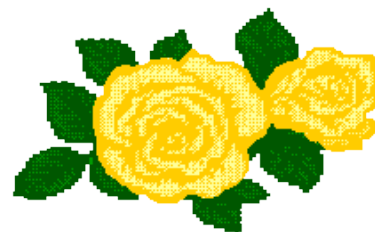
*** denotes paper-pieced patterns



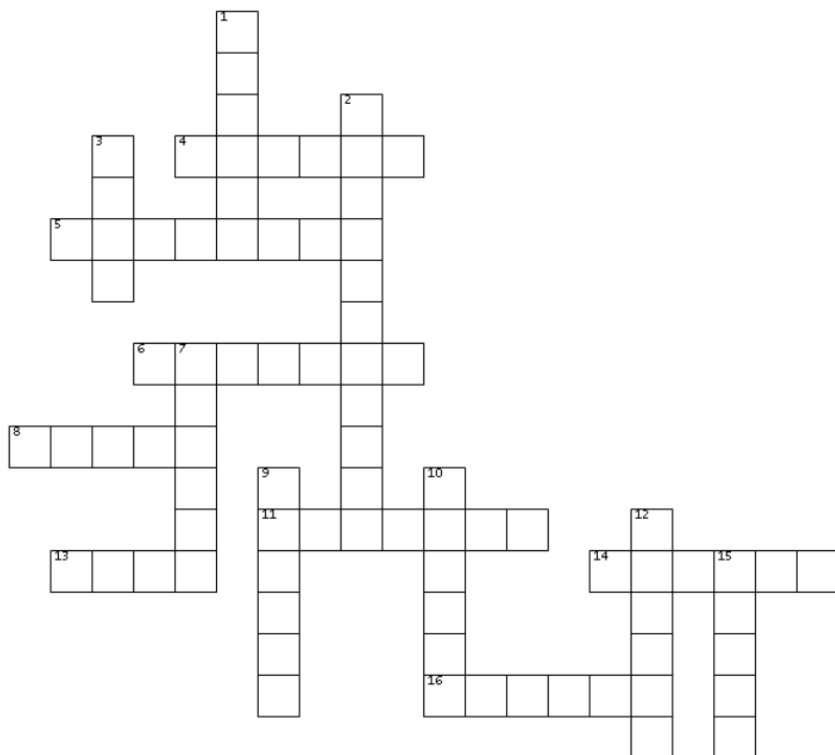
Happy Mother's Day



Happy Mother's Day



Happy Mother's Day

MAY CROSSWORD PUZZLE

ACROSS

4. A plot of flowers or vegetables
 5. Cook food on a grill
 6. Fragile blossoms that have petals and grow at the top of the stem of a plant
 8. A metal framework used for cooking food over an open fire
 11. A rare, transparent, deep-green gemstone
 13. A bugle call blown at military funerals and memorial services
 14. A woman in relation to her child or children
 16. A gesture of respect, homage, or polite recognition or acknowledgment
- DOWN
1. A public procession, especially one celebrating a special day or event and including marching bands and floats
 2. The act of showing respect for someone who has died
 3. A piece of cloth, typically oblong or square, attachable by one edge to a pole or rope and used as the symbol or emblem of a country

DOWN (Cont.)

7. A shrub that has fragrant violet, pink, or white blossoms
9. One of May's 2 zodiac signs
10. One of May's 2 zodiac signs
12. A person who rides in horse races as a profession
15. Regard with great respect

LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsofnorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Monday, May 15th, 2023

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



May is National Bike Month



"I've got sunshine on a cloudy day. When it's cold outside, I've got the month of May." ~ Smokey Robinson