

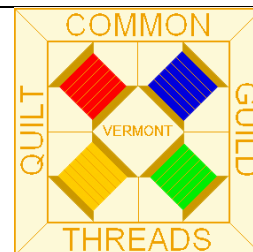
Volume 5

ON POINT

The Official Newsletter
of the Common Threads Quilt Guild of Lamoille County
in Morrisville, Vermont

<http://commonthreadsvt.org/>

CommonThreadsVT@gmail.com



Issue 2

The President's Block

Hello Quilters,

I hope you have been able to enjoy some of the beautiful weather we have been having and some of the fall colors that are starting to pop.

At the last meeting I brought quilt magazines and books for the taking. I will be bringing them to the next meeting along with some hand quilting hoops and an item called the Super Quilter any items not taken by the end of October's meeting will be donated or recycled. If you have any interest in these items be sure to come to October's meeting.

I want to thank Sharon Perry for the September program which was very interesting but made more so that she took the time to demonstrate using the blocks we have been making for QOV.

See you soon.

Your President,
Cheryl Leach
2025-2026



President

Cheryl Leach 802-888-5102

Vice President

Lisa Vilord 802- 279-7292

Secretary

Sheila Jourdan 802- 279-0969

Robin Wright 802-635-9550

Treasurer

Cheryl Leach 802-888-5102

Programs

Rotating Members

Newsletter

Sharon Perry 802-326-3135

Sunshine Cards

Hilda Tallman 802-888-3808

Membership

Denise Mayo 802-585-5876

Librarian

Jan Kuhn 802-851-8341

Sunshine Quilts

Marion Seasholtz 802-635-2731

Common Threads Quilt Guild
meets the 2nd Thursday,
March through December,
at 6:30 p.m. at the
VFW, 28 VFW Street,
in Morrisville

Dues = \$20 annually



2024 - 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

September 11th Creating Quilts with
Electric Quilt 8 with Sharon Perry

October 9th Piecing Together
Memories with Jane Paine

November 13th Label Your Quilts
With Sharon Perry & Carolyn Babcock

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

December 11th Holiday Potluck*
Papercrafting with Jane Paine
*Potluck Dinner starts at 6:00 pm

January NO MEETING

February NO MEETING

March 12th TBD

April 9th TBD

2024 – 2025 Guild Calendar

**DOORS OPEN AT 6:00 PM;
MEETING STARTS AT 6:30 PM**

May 14th TBD

June 11th TBD

July 9th TBD

August 13th Summer Potluck*
*Potluck Dinner starts at 6:00 pm



Treasurer's Report

Beginning Balance 8/20/2025		\$4,272.97
Income		
9/12/2025 Annual Dues		\$480.00
	<i>Total Income</i>	\$480.00
	<i>Subtotal</i>	\$4,752.97
Expenses		
Check #634 Nina Clotfelter Deposit on October 2026 Program		\$150.00
	<i>Total Expenses</i>	\$150.00
Ending Balance 9/20/2025		\$4,602.97

Respectfully submitted,
Cheryl Leach, Treasurer



OCTOBER MEETING: PIECING TOGETHER MEMORIES

October's presentation, "Piecing Together Memories" explores the similarities between creative and memory-keeping arts of scrapbooking and quilting. Jane Paine will talk about her transition from dedicated scrapbooker to a quilter, sharing her first passion and the shared principles that underpin both crafts. Learn how these two different mediums share many "common threads".

LOOKING AHEAD...

November: "It's All About Labels" – Carolyn Babcock and Sharon Perry will show members how to make a quilt label. Some of the labels will be very elaborate and some will be quick and easy. Come learn how to document who, what, where, and when for all of your quilts.

December: December's program will be an interactive papercrafting workshop. Each participant will leave with 1 Christmas card, 1 ornament, and at least 3 gift tags. Please plan to bring a glue stick, 3-6 flat white buttons in varying sizes, 3-6 colorful flat buttons (same size), and 1 decorative button (1" – 1½") with needle and thread.



Secretary's Report

Secretary's Report September 11, 2025

Greeting: Meeting called to order by president Cheryl Leach at 6:30 pm.

Present: 27 attending; **Visitors/New Members:** 4 visitors present, Kathy, Sarah, Mandy and Tina. No new members.

Birthdays: Happy Birthday to Melody Chase, Elaine Foster, Martha Corey, and Jane Langdell.

Drawings: Just for Coming – Pam Gelineau Food Shelf – none this month but if members want to resume bringing in items for the food shelf, Elaine Foster will deliver the items.

Secretary's Report: Motion to accept – Sharon Perry; Second by Robin Wheel. No discussion; motion passed.

Treasurer's Report: Motion to accept – Sharon Perry; Second by Robin Wheel. No discussion; motion passed.

Sunshine Cards: Hilda not in attendance tonight but it was reported a card was sent to Carolyn Babcock. Thank you from Bonnie Griswold for much appreciated card during her husband's recent illness.

Block of the Month: Lisa received 10 new blocks tonight. Totals for the past donations were included in the last newsletter. Instead of drawing for a winner, the quilts blocks will be used to make quilts for Quilts of Valor. If you are interested in reading about QOV, looking at their criteria or patterns, visit www.qovf.org.

- **New Block:** Patterns distributed for "Indian Star." Pattern can also be found on Patchwork Square [website](#) through a link in the newsletter.
- Discussion on the QOV program, Robin Wheel moved to return to the traditional block of the month program in October. Second by Donna Hamel, motion passed.

Membership: Membership due in September. Membership committee Denise Mayo. Dues are \$20.

Raffle Quilt: Updated 2025 Raffle Quilt report: Total tickets printed 3000 and total tickets sold was 1341. Total deposits \$2555.00 minus expenses \$454.93 for a total profit of \$2100.07. The winning ticket was sold by Andrea Blaisdell, and the largest ticket sales was by Marion Seasholtz who sold 135 tickets.

Old Business: No old business

New Business: No new business

Program: By Sharon Perry on the Electric Quilt 8 software. She demonstrated how to use this software to design quilts.

Sew and Tell: Eight members showed projects they made.

Meeting Adjourned at 8:00 pm.

Respectfully submitted,

Robin Wright, Co-Secretary



5 REASONS TO SHOW AND SHARE YOUR QUILTS (from Quilting Hub)

Do you attend Guild meetings, workshops, retreats, or classes? Do you participate in Show and Tell? Here are a few reasons why you really should participate.

1. Showing is Sharing: Do you know that when you show your work you are sharing and helping your quilting friends to grow in their art? When fellow quilters share their work and tell us a little bit about the process they have used, they are helping others to be inspired to try new techniques or color combinations in their quilts. This is a great way to help your fellow quilter to break out of their "box" of quilting knowledge.

2. Showing to Teach: Show your quilt and tell what tools you used for your construction. Letting your fellow quilters know about tools that worked well for you, or ones you found challenging and not worth the money, can be very helpful to them. We have all looked at tools at shows or online and wondered if there were really as good as they were marketed to be, by sharing your experiences using these tools, others will know if they should save their money for something else or that this would be a great purchase for them.

3. Sharing for Feedback and Ideas: Have you been working on a quilt and you just keep feeling like it needs "something else" but you can't decide what that is? Show and Tell time at your Guild meeting, workshop, retreat, or class can be the perfect time to ask for feedback and ideas of what that "extra little something" could be. Believe me, quilters are more than happy to share their opinions and experiences with you, if you just provide them the opportunity. *Continued on page 8*

SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

NEW GUILD MEETING LOCATION SETTLED

From now on, the guild will be meeting at the Morrisville VFW, 28 VFW Street, behind the River Arts Center on Pleasant Street in Morrisville.



OCTOBER
by Annette Wynne

Black and gold and red and brown,
Olive, pink, and blue,
What a riot of a gown—
What a medley hue!
What a way to go about—
Crimson cloak and vest!
October is a dancer
Dancing down the West.

FEATURED VIDEO TUTORIAL FOR OCTOBER:

<https://www.youtube.com/watch?v=9uEr81IH3NU>

Pint Size Table Runner – October
Shabby Fabrics



Maria	Foster	October	1
Dorothy	D'Andrea	October	4
Anne	Harmon	October	6
Carolyn	Babcock	October	9
Denise	Mayo	October	26

...and many more!!!





 Cut along dotted line

NAME: _____

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SAINT JOHN'S
IN THE MOUNTAINS
EPISCOPAL CHURCH

presents...



September 14 - October 12

Sundays, 12-2pm

Tues & Thurs, 10am-2pm

Opening Reception

Weds, September 24



5:30-7pm

Quilt Exhibit by the Fiber Arts Group

*Debi Baggish, Sara Huff, Ann Owens, Sharon Witbeck,
ft. Willamine Bennett & Muriel Heath*



Free & ADA accessible | 1994 Mountain Road, Stowe VT

(802) 253-7578 | www.stjohnsinthemountains.org |   @stjohnsstowe

Recipe Corner

FLOURLESS PEANUT BUTTER COOKIES

1 cup peanut butter
1 cup white sugar
1 egg
1 teaspoon vanilla extract
Pinch of salt

Preheat oven to 350 degree oven. Mix first 4 ingredients. Spoon onto parchment lined cookie sheet, sprinkle salt on top. Bake for 10 minutes or until lightly browned.

CHOCOLATE TURTLE COOKIES

1 ¼ cups (150g) all-purpose flour
¾ cup (60g) unsweetened cocoa powder
¾ teaspoon baking soda
¾ teaspoon kosher salt
¾ cup (1 ½ sticks) unsalted butter, softened
¾ cup (150g) packed light brown sugar
½ cup (100g) granulated sugar
1 large egg
1 teaspoon pure vanilla extract
¾ cup finely chopped raw pecans
12 soft caramels

In a large bowl, whisk flour, cocoa powder, baking soda, and salt. In another large bowl, using a handheld mixer on medium-high speed, beat butter, brown sugar, and granulated sugar until creamy, 2 to 3 minutes. Add egg and vanilla and beat until combined. Add dry ingredients and beat on medium-low speed until just a few dry streaks remain. Add pecans and fold with a spatula until combined. Cover bowl with plastic wrap and refrigerate until cold, at least 1 hour and up to 4.

Arrange racks in upper and lower thirds of oven; preheat to 350°. Using a large cookie scoop (about ¼ cup), scoop dough into rounds for a total of 12. Press your finger into center of dough to create a hole. Place a caramel in the center. Pinch dough back over caramel and roll into a ball. Arrange between 2 parchment-lined baking sheets, spacing 3" apart.

Bake cookies, rotating sheets top to bottom halfway through, until puffed and edges are set, 16 to 18 minutes. Let cool 10 minutes on baking sheets.

LEMON SUGAR COOKIES

1 stick butter, unsalted, softened (½ cup)
1 ⅓ cup flour (167g), *see note below
¾ cup sugar (160 g)
1 tablespoon brown sugar (18 g)
1 teaspoon vanilla extract

1 large egg yolk, room temperature
2 - 3 tablespoon lemon zest
¼ teaspoon baking soda
½ teaspoon baking powder
¼ teaspoon salt
¼ cup sugar, for coating, optional

Preheat oven to 350°F.

In a small bowl, combine flour, baking soda, baking powder and salt. Whisk together to combine.

In a medium bowl, using a hand or standing mixer, cream the butter, brown sugar and ¾c sugar until light and fluffy. (about 2 - 3 minutes or so). Add in egg, lemon zest and vanilla and beat until combined.

Slowly pour in the dry ingredients and beat just until combined—do not over mix. (Chill for about 30 minutes if desired.) Roll cookie dough into about 1 ½-inch balls or scoop with a 1 ½-tablespoon cookie scoop and roll in sugar if desired (add sugar into a small bowl first) and place about 2 inches apart on a parchment-lined baking pan.

Bake 9-11 minutes. Cool; store in an air tight container or freeze.

Recipe Notes: *If you don't measure your flour by weight, make sure to stir and aerate the flour first and then spoon and level it with a knife versus scooping your measuring cup in the flour. Incorrectly measuring your flour can be the cause of failed cookies in any recipe.

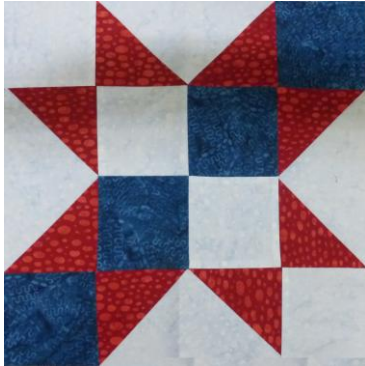
Check to make sure your baking powder and baking soda are both fresh. Expired leavening agents can cause issues when trying to bake. Keep them fresh!

Make sure not to over bake these lemon sugar cookies. When you pull them out, you may think they are not quite ready yet, but they should be perfect that way.

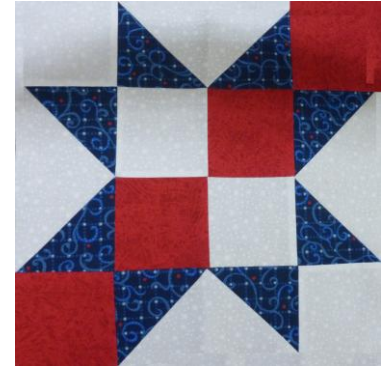


Quilt of Valor Block

2025 QOV BLOCK DRIVE



Colors:
Red, white
and blue



PATTERN: INDIAN STAR

Pattern from [Patchwork Square](https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=indian-star-quilt-block&id=&links=1&link1=&mode=quilt)

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the 12" finished block pattern

<https://www.patchworksquare.com/index.php?function=DisplaySheet&sheet=indian-star-quilt-block&id=&links=1&link1=&mode=quilt> (Scroll down to the green download button)



JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammnvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



5 REASONS (from Quilting Hub) (Cont.)

4. Sharing to Meet Like-Minded Quilters: Are you fairly new to your quilting group and want to make friends with quilters who have similar interests? Getting up during Show and Tell and sharing your quilt with others will let them know what kind of quilting you enjoy, and possibly lead to a good conversation and a new quilting bestie. Even if that does not happen, you are likely to receive some nice "oohs and aahs" for your quilt and you could be invited to a bee where you can meet even more quilters.

5. Sharing for Encouragement: Let's face it, there are some people who are ever present at meetings, but that you never hear from because they are shy, or concerned that their work "isn't good enough". But, by seeing that there are lots of people sharing their quilts of all different skill levels, you may encourage them to share for the first time, so go forth and show that beautiful art that you have created and invite your friends to do the same.

CHARACTERISTICS OF A QUILTING CAT (from Quilting Hub)

Holds Quilts And Fabric Down: Cats have to be on something new. If you place a quilt or fabric where they can lay on it, sure as the need for a seam ripper, that is where they lay. If it is in the sun, it is a guarantee.

Sewing Machine Assistance: They need to be the center of attention and if your attention is on that sewing machine, they will no doubt join your project by jumping on it or laying on it as you work.

Greeting Cats: For those of you blessed to have a social cat in your quilt shop, you will find they know it is their job to say hi to everyone who walks in. They might even lay in the middle of the floor pathway in a belly-up position to greet your guests.

Purrfect Companion: In times when stress is high, they will know it is time to approach you with that love motor going for some quality time with you.

Where Have You Been?: When you dare leave to get supplies for the house or the sewing room, you find a warm welcome when you return home. Sometimes they walk away quickly to show disdain with you having left. That changes instantly when one of the bags smells like cat treats!

Cat Yoga: Sometimes while you are sewing away, your eyes catch one of three movements. Changing from lying in a C shape to quivering and stretching those legs and toes out as far as they can. Getting up from lying down, pushing their back up as high as they can, straight out again, and then lying back in the same spot again for more napping. We love our quilting cats!



LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

<http://www.barnquiltsfornorthernvermont.org/>

NEWSLETTER IDEAS WANTED: Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to CommonThreadsVT@gmail.com, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

Deadline for articles for next newsletter:

Monday, October 20th, 2025

Please email articles to Sharon Perry, CommonThreadsVT@gmail.com,
or mail to PO Box 517, Montgomery Center VT 05471



October is Adopt a Shelter Dog Month



"The clear light that belongs to October was making the landscape radiant." ~ Florence Bone