



The Official Newsletter of the Common Threads Quilt Guild of Lamoille County in Hyde Park, Vermont http://commonthreadsvt.org/

CommonThreadsVT@gmail.com

## The President's Block

Hello Friends.

I'm sorry I missed the last meeting but I know Lisa did a fine job.

Food for thought for our upcoming meetings, we will need to choose a new venue for our meetings and keep in mind that we will most likely have to change our meetings to Monday nights. We will also be voting for a slate of officers, so if any serving officer wants to resign their position please let us know at the next meeting. I'm willing to continue in the current positions that I hold, but if anyone would like to be president or treasurer I would be willing to step down.

I mentioned in my last letter that I was going to my first ever quilt retreat, I can tell you it was great fun. We had a DJ, trivia game and a jokester. It is always good to get together with my quilting friends.

Signing off until next time.

Your President. Cheryl Leach 2024-2025



#### 2024 - 2025 Guild Calendar DOORS OPEN AT 6:00 PM; **MEETING STARTS AT 6:30 PM**

September 12<sup>th</sup> Trunk Show with Karen Abrahamovich

October 10<sup>th</sup> B-I-N-G-O! November 14<sup>th</sup> Lynn Carrier, Vermont Coordinator for **Quilts of Valor** December 12<sup>th</sup> Holiday Potluck\* \*Potluck Dinner starts at 6:00 pm

#### 2024 – 2025 Guild Calendar DOORS OPEN AT 6:00 PM; **MEETING STARTS AT 6:30 PM**

January NO MEETING January 25<sup>th</sup> Sunshine Quilt Workday

February NO MEETING February 1<sup>st</sup> Sunshine Quilt Workdav March 13<sup>th</sup> "Can't Cut Into It" Fabric

April 10<sup>th</sup> No Program



Pr<u>esident</u> Cheryl Leach 802-888-5102

Vice President Lisa Vilord 802-279-7292

Secretary Sheila Jourdan 802- 279-0969 Robin Wright 802-635-9550

Treasurer Cheryl Leach 802-888-5102

> Programs **Rotating Members**

Newsletter Sharon Perry 802-326-3135

**Sunshine Cards** Hilda Tallman 802-888-3808

Membership & Librarian Jan Kuhn 802-851-8341

Sunshine Quilts Marion Seasholtz 802-635-2731

Common Threads Quilt Guild meets the  $2^{nd}$  Thursday. March through December, at 6:30 p.m. at the Sterling View Community Center in Hyde Park

Dues = \$20 annually



2024 – 2025 Guild Calendar DOORS OPEN AT 6:00 PM; **MEETING STARTS AT 6:30 PM** May 8<sup>th</sup> Selvage Bag with **Robin Wheel** 

June 12<sup>th</sup> TBD

July 10<sup>th</sup> TBD

August 14<sup>th</sup> Summer Potluck



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## **Treasurer's Report**

#### \$3,901.81 Beginning Balance 3/20/2025 Income 4/14/2025 Deposit (New Member \$20.00) \$20.00 Total Income \$20.00 Subtotal \$3,921.81 **Expenses** 3/24/2025 Check #630 Acadia Ins. Co. \$505.00 Total Expenses \$505.00 Ending Balance 4/20/2025 \$3,416.81 Respectfully submitted, Cheryl Leach, Treasurer

### SELVAGE BAG FEATURED AT THE MAY MEETING

Have you wondered what to do with all the selvages you cut off your fabric? It seems such a waste to throw it all away. Robin Wheel will show us a way to use those selvages making bags.

Did you know the word selvage is spelled selvedge in the UK? Literally, the word means "its own edge," from the merging of self and edge.





#### **RAFFLE TICKETS FOR 2025 RAFFLE QUILT AVAILABLE**

Tickets for the next Raffle Quilt are still available! Tickets are available at the guild meetings. Or you can contact Sharon Witbeck and she will get them to you. Each member is asked to "sell" 5 packets of tickets; each packet sells for \$5, and 1 ticket is \$2. If you need more tickets, please contact Sharon.

This stunning quilt is queen-size, and the winner will be drawn at this year's Antiques and Uniques event in Craftsbury. Prizes will be given to the member with the most tickets sold and to the member that sells the winning ticket.

Since the winning ticket will be drawn in early July, *please return* all raffle tickets/money to Sharon Witbeck by the June meeting.

Raffle Tickets Tickets

# Secretary's Report

May 2025

#### Secretary's Report April 10, 2025

Greeting: Vice-President Lisa Vilord called meeting to order @ 6:30 pm.

**# Present:** 3 attending

Visitors: No visitors

New Members: Pat Donnelly who visited last month returned as a new member.

Birthdays: Happy Birthday to Jessica Merriam, Sharon Witbeck and Tracey Morin.

Drawings: Just for Coming – Denise Mayo; Food Shelf – Mina Ayers

Secretary's Report: Motion to accept by Sharon Perry; second by Donna Hamel. No discussion, motion passed.

Treasurer's Report: Motion to accept by Sharon Perry; second by Carol Moulton. No discussion, motion passed.

Sunshine Cards: Hilda Tallman reported that no cards sent out this month.

**Block of the Month:** Lisa Vilord reports that 10 blocks submitted this month. She also received a few more from last month's pattern. Instead of drawing for a winner, the quilts blocks will be used to make quilts for Quilts of Valor. We are still working out how to assemble the blocks; most likely we will have a work bee. If you are interested in reading about Quilts of Valor, looking at their criteria or patterns, visit <u>www.qovf.org</u>. **New Block** – Patterns distributed for the "Floating Churn Dash." Pattern can also be found on the Quilts of Valor website.

**Sunshine Quilts:** Andrea reviewed the program for new members. She can accept finished quilt tops at meetings. Members can reach out to Marion at any time for quilt kits and donations. The 2 workshops this winter were successful, and we will probably do more this summer.

**Raffle Quilt:** Sharon Witbeck updated ticket sales. More raffle tickets are still available. Sales as of 3/14/2025 have been \$1443.00. Expenses are \$214.93 for a profit of \$1228.07.

#### **Old Business:**

New Venue discussion:

- No new information for the Church of Johnson venue. We would need to meet on a different night and Cheryl reports that we would change to Monday night. Approximately a half dozen members feel that Johnson is too long of a commute for them.
- Nancy Dunavan investigated the Wing Center located in Morrisville. We could use the Wing Center but it would be \$25 / hour and we would have to set up and take down tables and chairs. Thursdays are available. There is space for the book cabinet.
- Donna Hamel and Tracy Morin reported that they would like us to use the Crosby Center, no cost, but because of a large upcoming project they do not feel they could open the space for us until that is completed which could potentially be a couple of years.
- Consensus among members is we should look into other options in the Morrisville area. Robin Wheel and Sheila Jourdan will look into other options and report next month.

#### **New Business:**

- The deadline for the May newsletter is April 15th.
- Positive comments were shared about the Franklin Quilt Show.

**Program:** No program this month.

Sew and Tell: Ten members shared their completed projects.

### Meeting Adjourned: 7:17 pm

Respectfully submitted, Robin Wright, Secretary



### SUNSHINE CARDS FOR OUR MEMBERS

If you know of a guild member who is in need of encouragement or comfort due to an illness, bereavement, etc., please contact Hilda Tallman, 802-888-3808. She will send out an appropriate card.

### SUPPORTING THE LOCAL COMMUNITY

Guild members are asked to bring nonperishable food shelf donations to Sterling View, the host site of our meetings. Sterling View distributes those donations to the local food shelf. Please drop your items in the basket near the door.



## MAY by Annette Wynne

"Moon of Green Leaves," so They Called you long ago, So the Indian Child at play Spoke your name, dear Month of May.

## FEATURED VIDEO TUTORIAL FOR MAY:

https://www.youtube.com/watch?v=xmzpHFur9qg Pint Size Table Runner – May Shabby Fabrics



...and many more!!!

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May

Gail O'Brien





That is 25 Finishes in 2025!

Join in the fun and make 25 quilted projects by the end of 2025 and your name will be entered into a special drawing held in December 2025. If you'd like to participate, fill in your name and 25 projects you'd like to finish this year on the list below. This is your list...you can add to it throughout the year if need be to have 25 projects or you can remove a project, or swap out projects, etc...you just have to have 25 Finishes in 2025 AND you must show each project at one of the guild's monthly show and tell. You can show multiple projects in one month. You also don't have to show a project every month, you just have to have 25 Finishes in 2025! You will maintain your own list, but you must let Sharon Perry know you are participating.

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25 in 2025	NAME:
1.	14.
2.	15.
3.	16.
4.	17.
5.	18.
6.	19.
7.	20.
8.	21.
9.	22.
10.	23.
11.	24.
12.	25.
13.	



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## **Recipe Corner**

#### AWESOME SALAD

#### For the dressing:

cup extra virgin olive oil
red wine cup vinegar
teaspoon salt
teaspoon pepper
teaspoon celery seed
small onion, chopped
teaspoons mustard
cup sugar
<u>For the salad</u>:
Lettuce and/or spinach
Red onion, chopped or thinly sliced
4 eggs, hard-boiled and chopped
Bacon (or bacon bits)
Pepperidge Farm croutons

#### For the dressing:

Mix together oil, vinegar, salt, pepper, celery seed, small onion, mustard, and sugar. Whisk until dressing is emulsified. Set aside.

#### For the salad:

Wash lettuce and spinach as needed, and let dry. Break lettuce up and toss with spinach. In small skillet, cook bacon until crisp. Crumble bacon, and add to lettuce mixture. Add red onion and eggs. Toss salad ingredients until well mixed.

Stir dressing again until emulsified. Pour dressing over salad, adding in small amounts. Toss until everything is coated well. Keep adding dressing as needed. Add croutons just before serving.

#### MAPLE BALSAMIC VINAIGRETTE

- 1 teaspoon dry mustard
- 1/2 teaspoon dried basil
- 3 tablespoons balsamic vinegar
- 2 tablespoons maple syrup
- 1 tablespoon lemon juice
- 1 clove garlic, minced
- 1 cup extra virgin olive oil
- 1 teaspoon salt
- $\frac{1}{2}$  teaspoon freshly ground black pepper

In a small bowl, combine mustard, basil, garlic, salt, and pepper. Add vinegar, maple syrup and lemon juice. Whisk together. Add olive oil and whisk until emulsified.

#### PASTA SALAD

1 pkg. (16-oz) rotini pasta, tri-color 1 cucumber, diced 1 tomato, diced 2 carrots, sliced

small stick pepperoni, sliced
slices ham, cubed
slices Swiss cheese, cubed
Olives (black or green), sliced
Radishes, sliced (optional)
small bottle Zesty Italian dressing
tablespoon oregano
tablespoon Italian seasoning
tablespoon cheese salad seasoning

Dash of pepper

Cook and drain pasta according to package directions; set aside and let cool.

Add oregano, Italian seasoning and cheese salad seasoning to bottle of Italian dressing; shake well.

Toss pasta, vegetables, meats, and cheeses together. Pour dressing (with added spices) over pasta mixture. Toss thoroughly. Add pepper to taste. Marinate in refrigerator for at least 3 hours, overnight recommended. Toss before serving.

#### MOM'S 6-CUP SALAD

1 cup diced oranges (or mandarin orange sections)

- 1 cup shredded coconut
- 1 cup crushed pineapple
- 1 cup miniature marshmallows

1 cup nuts

1 cup sour cream

In a large bowl, mix together oranges, coconut, pineapple, marshmallows, and nuts. Blend well. Add sour cream, and mix until all ingredients are coated. Refrigerate 3 or 4 hours before serving.

#### GREEK SALAD DRESSING

- 1/2 cup olive oil
- 1/4 cup red wine vinegar
- 2 tablespoons lemon juice
- 2 garlic cloves, minced
- 1 teaspoon Dijon mustard
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 teaspoon dried oregano

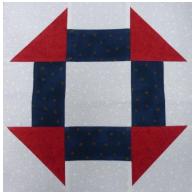
In a jar with a tight-fitting lid, combine all ingredients; shake well.



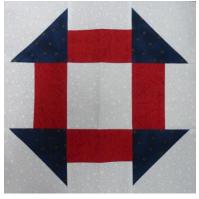
May 2025

# Quilt of Valor Block

## **2025 QOV BLOCK DRIVE**



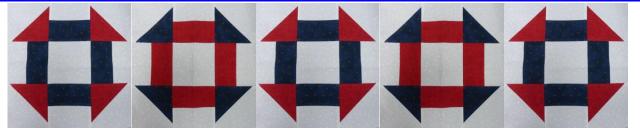
<u>Colors</u>: Red, white and blue



PATTERN: FLOATING CHURN DASH Pattern from <u>Quilts of Valor Foundation</u>

If you have any questions, call Lisa Vilord, 802-279-7292.

Click the link below for the 12" finished block pattern https://www.qovf.org/wp-content/uploads/2022/01/2022-Floating-Churn-Dash.pdf



### JOHNSON TOWN HALL SEWING DAYS

Sewing weekends are open again at the Johnson Town Hall. We set up on the second floor of the Town Hall (elevator available). Large tables are available plus ironing stations and a cutting table.

We meet on the first and third weekend of the month, arrival after 8 am, but you can sew as late as you want. A \$2 daily donation is requested, going to the Town of Johnson for use of the space.

At this time we are planning to have a mailing list only for change of plans, you can send your email to Robin Wright, growingfarm00@gmail.com or Hilda Tallman, sammvt57@yahoo.com to be on that list. Reminder emails the week before will no longer be going out.

All crafters are welcome!



8 SEWING MACHINE TIPSTHE EXPERTS WANT YOU TO KNOW (From Quilting Daily)

1. Don't pull thread backwards through the machine: When changing thread, snip from the spool and pull through the needle out of the machine. Pulling backwards can cause lint to come off the thread and buildup in the machine.

2. Use the correct bobbins for your machine: If you use a bobbin that's even a slightly different size, it can wreak havoc. Check your manual to match any new bobbins to the correct size, and when in doubt, don't take the risk. (Continued on page 8)

ememb



#### May 2025

#### 8 SEWING MACHINE TIPS THE EXPERTS WANT YOU TO KNOW (Cont.)

3. When in doubt, check the plug: If you suddenly find your machine isn't working. Check your power plug at your machine and then the wall. It seems silly, but we've found ourselves worrying something is wrong and all that was needed was to plug it in.

4. Never turn the handwheel away from you: When manually raising/lowering the needle, you should only turn the handwheel towards you (towards the front of the machine). After turning the wheel to lift the needle, you should keep turning towards you to complete the cycle and lower the needle back down. Turning the handwheel the wrong way can mess up the timing on your machine and could lead to costly repairs. The one exception would be if you have a bobbin thread jam, you can turn it a small amount towards the back to help release the tension.

5. **Change your needle regularly:** Change your needle with each new project or roughly for every 16 hours of sewing. If you sew a lot, you'll want to change your needle more. It helps you get an accurate stitch and has the same benefits you'd find from using a sharp knife vs. a dull knife in the kitchen. Also, check your needle on a flat surface and never use a bent needle.

6. Always check that your presser foot is down: When you are ready to sew, always lower your presser foot. Forgetting to lower it cannot only cause thread tangles, but it can damage your machine.

7. Before replacing the needle cover the needle hole: As you get ready to replace your needle, cover the hole in the needle plate with fabric/paper to prevent the needle from falling into the machine.

8. Leave yourself a thread tail on the top thread: After you thread your needle, pull a little extra thread out and leave yourself a tail. If you don't and you start sewing, it may get unthreaded or cause a thread tangle. Before you start sewing hold the extra thread tail and fabric with your left hand and you'll have a good start every time.



## LINK TO BARN QUILT TRAIL OF NORTHERN VERMONT

## http://www.barnquiltsofnorthernvermont.org/

**NEWSLETTER IDEAS WANTED:** Do you have a recipe you'd like to share with guild members? Or maybe you've found a great quilting website or blog you'd like to share. Or you've visited a quilt shop within an easy drive which had bargains or a fabric selection no quilter should miss. If so, send an email to <u>CommonThreadsVT@gmail.com</u>, and the newsletter editor will do her best to include it in the next newsletter. Although welcome, your input doesn't have to be a complete article. It could be a few bullets which convey your message. The editor will fill out the article as needed.

<u>Deadline for articles for next newsletter:</u> Tuesday, May 20<sup>th</sup>, 2025 Please email articles to Sharon Perry, <u>CommonThreadsVT@gmail.com</u>, or mail to PO Box 517, Montgomery Center VT 05471



May is National Hamburger Month



"May is the month of rebirth and renewal." ~ Unknown